

## SWZ COVID-19 FAQ & Guidelines for Parents, Guardians and Spectators

The SWZ COVID-19 FAQ & Guidelines are designed to support parents, guardians and spectators as we all work together to ensure that all hockey related activities are done in a safe manner and help to limit the potential exposure or spread of COVID-19 to everyone involved. The guidelines are based on the current requirement set forth by AHS, Hockey Edmonton, the City of Edmonton & Hockey Canada and are subject to change.

### Guidelines are based on the following principles:

- There will be players, coaches and volunteers who are not fully vaccinated yet.
- Hockey requires attendance in crowded indoor spaces.
- Practice physical distancing of 3m when possible.

### GENERAL FAQ FOR THE 2022-2023 SEASON

#### Has Hockey Canada made the COVID-19 vaccine mandatory to register for hockey?

Hockey Canada has not made vaccines mandatory at this time but encourages anyone who is eligible to receive the COVID-19 vaccines to give appropriate consideration to getting vaccinated. Always check with your Member, and public health authority for any requirements that may exist within your jurisdiction<sup>1</sup>.

#### What are the current masking guidelines/requirements?

Please note these requirements and recommendations are in effect regardless of vaccination status. The following requirements are for Hockey Edmonton players, coaches, officials and volunteers in any arena inside or outside Edmonton:

Mandatory mask requirements were lifted on June 14, 2022. If a person chooses to wear one, masks should fit well and be of high quality. People at risk of severe outcomes should wear medical masks when in settings with people outside of their household<sup>2</sup>.

#### What do I do if my player is sick/symptomatic or tests positive for COVID-19?

Keep your player home and out of the hockey environment. In Alberta, isolation and quarantine recommendations have been simplified as of July 1, 2022 to the following<sup>2</sup>:

*Tested positive with symptoms:* If you have COVID-19 symptoms and test positive your player should isolate at home for 5 days from the start of symptoms wear a mask for the next 5 days while in indoor spaces with other people.

*Tested positive without symptoms* If your player test positive but don't have symptoms, you should isolate and take a second test 24 hours later. If the second test is negative - isolation can end unless you develop symptoms. If the second test is positive-isolate for at least 5 days or until symptoms have improved, if present, and you've been free of fever for 24 hours without the use of medication, whichever is longer wear a mask for the next 5 days while in indoor spaces with other people

*Tested negative with symptoms:* If your player has symptoms and tests negative, they should stay home and repeat the test after 24 hours. If both tests are negative, they should stay home until symptoms

<sup>1</sup> <https://www.hockeycanada.ca/en-ca/exclusive/return-to-hockey/plans/safety>

<sup>2</sup> <https://www.alberta.ca/covid-19-public-health-actions.aspx>

have improved and they have been free of fever (without use of medication) for 24 hours as your player may have another virus that could be transmitted to others

*Do not have a test:* If you don't have a test, or choose not to be tested, your player should stay home until their symptoms have improved and they feel well enough to resume normal activities.

**What if a person the participant is residing with such as a parent/family member tests positive for COVID-19? What protocols should we follow?**

While in Alberta quarantine is no longer legally required for close contacts positive cases, unless directed to do so by local public health officials<sup>2</sup>, please contact your health care provider and/or call 811 for the most up-to-date instructions. Anyone identified as a close contact should stay out of the hockey environment until all public health authority steps have been completed. Anyone who tests positive for COVID-19 should stay out of the hockey environment until all steps outlined by their health care provider and public health authority are completed and they are symptom free for 24 hours<sup>1</sup>.

**If someone on my child's team tests positive for COVID-19, will the team be allowed to continue to play hockey?**

As Alberta currently no longer legally required for close contacts positive cases, unless directed to do so by local public health officials, teams will continue to be allowed to play unless instructed otherwise by AHS. Any players who are symptomatic are required to stay home and contact your health care provider and/or call 811 for the most up-to-date instructions. Your child should not return to hockey activities until they have met all requirements of AHS and they are symptom free for 24 hours.

**What if my child is sick but does not have COVID-19?**

Players should be symptom free for 24 hours from ANY illness prior to returning to the ice.

**What should I expect if my child begins to feel ill at a hockey activity?**

If participants do not feel well or have identified respiratory symptoms, ensure they advise team staff immediately and put on a mask. The participant should immediately go home and follow up with their health care provider and the public health authority if COVID-19 is suspected. They should not return to the hockey environment until all steps outlined in the **"What do I do if my player is sick/symptomatic or tests positive for COVID-19?"** are met.

<sup>1</sup> <https://www.hockeycanada.ca/en-ca/exclusive/return-to-hockey/plans/safety>

<sup>2</sup> <https://www.alberta.ca/covid-19-public-health-actions.aspx>

**For additional information on guidelines related to COVID-19 and hockey please read:**

Hockey Canada: [Return to Hockey | Safety & Protocols \(hockeycanada.ca\)](https://www.hockeycanada.ca/en-ca/exclusive/return-to-hockey/plans/safety)

Hockey Edmonton: [Hockey Edmonton : Website by RAMP InterActive](#)

Government of Alberta: [COVID-19 public health actions | Alberta.ca](https://www.alberta.ca/covid-19-public-health-actions.aspx)

Health Canada Approved Disinfecting Products: <https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19/list.html#tbl1>

Last Updated: August 23, 2022

<sup>1</sup> <https://www.hockeycanada.ca/en-ca/exclusive/return-to-hockey/plans/safety>

<sup>2</sup> <https://www.alberta.ca/covid-19-public-health-actions.aspx>