

SOUTH WEST ZONE HOCKEY
OCTOBER 2025



- 1. Welcome
- 2. Referee Updates (Gary Greenough)
- 3. Manager Updates (Wendy Beaudoin)
- 4. Registrar Updates (Ardis Eliason)
- 5. Concussion Awareness (Wendy Beaudoin)
- 6. Coaching Updates (Brad Butterfield)
- 7. Discipline (Russ Keddie)
- 8. FundCrew (Russ Keddie)
- 9. Questions and Answers (All)





Meet with Coach(s)

- Clarify role of mamanger
- Clarify communication.
- Talk about tournaments/cash calls/team roles.
- Set dates for survey/team meeting

02

## **Team Survey**

- Fundraising?
- Cash Call?
- Stream Games?
- Number of tournaments
- In-town/Out of town
- Team bus?

03

## **Pre-Season Meeting**

- Important for coach to lay out expectations for the season.
- Discuss budget & cash call
- Ask if anyone knows of sponsorships.
- Ask about any questions

04

## **Cash Call/Accounting**

- Do one cash call immediately and if need a second do in December or late January
- Can set up a team account at any bank
- Ask for a volunteer but make sure it is someone accessible as there will be lots of payments up front.
- Keep spreadsheet of payments in/out
- Most things are done by e-tranfsfer

05

## **Tournaments**

- Apply immediately for any tournament you might even be remotly interested in. Can always say no later.
- We do not have a reciprocal tournament.
   Your team could consider running a small tournament as a fundraiser.
- Will need to trade/sell/rebook and assigned ice times. Consider "black out" for tournament dates.

06 P

## **Pre-Season Get together**

- Helps for the team to bond
- Bottle drive with pot luck after is great

07

## **Co/Assistant Manger**

- Nice to have someone you like/trust as a second in command.
- Helps for decision making and work load
- Make sure it is someone you can work with for the season.
- Clarify roles early if necessary.

08

## **Apparel**

- Get orders in early
- SWZ has a store with United Cycle.-
- If want stuff outside of the store, can go to other source.

09

## Name Bars/C's & A's

- No name bars allowed on SWZ jerseys
- Can get "C"s and "A"s from SWZ. Have to ask Tim Weis for them.-
- Have someone who knows what they are doing sew them on. Tailors will do it in a day or two and for pretty cheap if you can't sew.

## Jersey Parent(s)

- SWZ's preference is that there is a jersy parent or parents.
- The jerseys are expensive and it saves on wear and tear to not have them stuffed in their bags.
- Ideally you have one family do both, but if that is not possible then have to families, but tmake srue both jerseys are brough to every game, just in case.
- Jerseys that are not needed that night can be left in the car.

## **Provincials**

- If your team is eligible for provincials and are possibly interested in applying to host provincials, reach out to your category director sooner than later.
- Have to get approval to apply
- Have a template for application



## Score Keeping

- Decide if you want a few volunteers to do it or to just assign in a rotation.
- If you leave up to volunteering per ga,e you will likely end up doing a lot of score keeping so be careful.
- Put the game codes for the app in Teamsnap so everyone has access to them.
- Need to have two apps downloaded

## **Q** Streaming Games

- If team wants to stream games then assign a few parents.
- Hard to watch the game while streaming
- Lots of streaming platforms
- Gamechanger will let you stream for free but is a fee if the players want to rewatch games

## Juny The SEASON

## 03

## **Stats**

- Talk to coaches in preseason meeting to make sure they are OK with keeping stats.
- If coaches/team want to keep stats, assign 1 or 2 people to do them. Usually keep goals, assists and penalty minutes.
- Explain to parents up front that the stats won't be changes on request. The default will always be with the stats keeper.
- Goalies like shots on net if possible

## 04

## **Managing Expectations**

- The most important job of the season
- Stay neutral. If you can't stay neutral and support the coach, let some one else manage.
- Support the coaches
- Be open to listening to parents suggestions/opinion. Parents coming from club teams often have high expectations for fundraising and ice time.
- Stay in communication with the coaches



## Year End Party

- Pick a date as early as possible so as many families/players can come as possible.
- Book location or event early as well so you can get the date you want.
- Slide show if possible
- Coaches thank you's



# REGISTRAR UPDATES

## ROSTERS, AFFILIATES & MORE...

- Always ensure you have the most current roster with you at all times.
  - Head Coach can be suspended for not having the correct roster – especially during MHW.
- Coach courses must be completed by Nov 15th
  - Head Coach/Assistant Coaches/Safety Course all courses reimbursed
- Police Checks online this year watch for email on how to complete.
- Affiliates:
  - Must contact other Head Coach before contacting player
  - May not use an affiliate to replace a suspended player – only injured or absent players
  - Affiliate may play up to 10 games excluding exhibition/tournament games
  - Affiliates may play unlimited games in playoffs if their team has concluded its season
- Team Pictures are on October 26th





## COACHING PHILOSOPHY

- Equal play time.
- Respect of all involved, those on your team, the other team, and game officials.
- Positive, fun and supportive environment. No yelling, being negative, berating a player in front of peers. Always show respect to the player and speak to them like you would want to be spoken to.

## SOME TIPS...

- Be thoughtful about picking captains. Pick leaders, not just skilled players. Work with the captains to help them understand their role.
- Communicate, communicate, communicate
  - Explain to parents and players in advance what your philosophies and approaches are to discipline so there are no surprises.
  - Resources available at the Board level to intervene and work to resolve the matters. Our approach is to educate and work with matters first, then move to sanctions if needed.
- If you have any Issue, reach out to your Director first!!
  - Director can engage other Board members.
  - Board members can engage League or Hockey Edmonton
  - Coaches should not go directly to League or Hockey Edmonton.
    - Many times Issues are resolved without needing to go to those organizations.

# PRACTICE... BEST PRACTICES

## Be prepared!

- Send out practice plan to Assistants In advance.
- Try to make the most of Ice time... less standing around= more reps.

## Some good practice planning tools:

Hockey Canada Drill Hub

https://www.hockeycanada.ca/en-ca/hockey-programs/drill-hub

CoachThem

https://coachthem.com/

The Coaches Site

https://thecoachessite.com/

Your fellow Coaches!

## ADDITIONAL ICE

## First place to look...... Hockey Edmonton available ice.

- <a href="https://www.hockeyedmonton.ca/rentals">https://www.hockeyedmonton.ca/rentals</a>
- If you see a slot, click "Book" and fill In required Information
- An email will be sent to Hockey Edmonton for confirmation
- They will send a confirmation back Including SWZ Ice Allocator.
- SWZ Ice Allocator will forward to SWZ Bookkeeper so you can be billed.

## Second place to look...... City of Edmonton Ice rentals.

- <a href="https://movelearnplay.edmonton.ca/COE/public/booking/checkav">https://movelearnplay.edmonton.ca/COE/public/booking/checkav</a> ailabilitylocations/ARENASENDDATE#gsc.tab=0
- Once you find a slot, send an email to SWZ Ice Allocator Including:
   Date, Areana, Time, Team Number.
- SWZ Ice Allocator will forward to Hockey Edmonton to purchase.
- Hockey Edmonton will confirm and purchase from the City, then send a confirmation back.
- SWZ Ice Allocator will forward to SWZ Bookkeeper so you can be billed.



# TEAM LEADERSHIP SHAPES CULTURE

Very few issues ever reach the committee – and that's the goal. The real work happens at the team level, where coaches, managers, and directors set the tone early, model respect, and address problems quickly before they grow.

### Roles:

- Coaches & Managers: Manage behaviour and create positive team culture day-to-day.
- Category Directors: Support teams and help resolve issues early.
- Discipline Committee: Steps in only for serious, repeat, or unresolved matters to ensure fair, consistent outcomes.

We have created a **SWZ Team Behaviour Guidebook** to help keep our program consistent, fair, and supportive. It contains, scripts, templates and other resources to help coaches and managers navigate behaviour issues.

# PREVENT EARLY... RESPOND CALMLY.

## **The Five Stages of the Discipline Process**

## **Stage 1 - Reminder & Reset**

- Quick, respectful conversation to refocus behaviour.
- Set expectations and reset the tone early.

## **Stage 2 - Written Notice**

- Put concerns in writing.
- Outline what must change and what support will be given.

## **Stage 3 - Behaviour Plan**

- Coach, player, and parent agree on clear next steps.
- Focus on learning and improvement.

## **Stage 4 - Temporary Removal & Behaviour Contract**

- Short break from participation when needed.
- Return guided by a signed commitment to positive conduct.

## **Stage 5 - SWZ Discipline Committee Review**

- Used only for serious or repeat issues.
- Committee ensures fair, consistent, and transparent outcomes.

# USE THE TOOLS AVAILABLE TO YOU

## Other Topics and resources covered in the Guide:

- Incident Management and Logs
- Templates and email scripts
- Dressing room policies (Rule of Two, etc)
- Device Policies
- Social Media
- Respecting Officials
- Fair Play



## FUNDCREW



## QUESTIONS?